

# AL-AN NEWS

Al-Anon  
District 12  
San Antonio  
Al-Anon Information  
Service Office

Events – Contacts – Addresses – Minutes FIRST QUARTER 2012 –  
Addresses and contact information contained in this publication are for Al-Anon business only and should not be used to promote any outside enterprise.

## DISTRICT REPRESENTATIVE'S CORNER

We are pleased to be hosting the assembly for the East Texas Area Fall Assembly. It will be held at the San Antonio Airport Hilton on Nev. 9-11, 2012.

We already have many chairpersons positions filled and will complete it this month. Our first assembly meeting will be announced soon. Probably it will take place in early March. Our theme this year is "STEP INTO FALL WITH RECOVERY"

We are also planning our 2<sup>nd</sup> District picnic. Last year's was fun for all.

I spoke about getting teams of 2 to go out and visit other groups during the year. I see many benefits in doing this, perhaps encouraging groups that are not getting involved and also building excitement in others. We can all grow in our program by sharing our experience, strength and hope.

Feb. 6, 2012 we had our District meeting last Sat. I feel that our 1<sup>st</sup> meeting went well and look for a productive year. We now have all assembly chair positions filled and will beginning our Assembly meetings in March. We are planning a District budget meeting this week.

## UPCOMING EVENTS

<b>APRIL 14, 2012</b>	<b>DISTRICT 12 QUARTERLY MEETING</b> <b>St. Francis Episcopal Church</b> <b>4242 Bluemel Rd.</b>
<b>MAY 18 - 20, 2012</b>	<b>EAST TEXAS AREA AL-ANON/ALATEEN</b> <b>SPRING ASSEMBLY</b> MARSHALL, TX
<b>JUNE 1 - 3, 2012</b>	<b>TEXAS EAST AREA 53 ALATEEN CONFERENCE</b> GONZALES, TX
<b>JULY 14, 2012</b>	<b>2ND ANNUAL DISTRICT PICNIC</b> (DETAILS TO COME)
<b>OCTOBER 1, 2012</b>	<b><u>SAAIS Celebration Fund Raising Dinner</u></b> (DETAILS TO COME)
<b>NOVEMBER 9 - 11, 2012</b>	<b>EAST TEXAS AREA AL-ANON/ALATEEN</b> <b>FALL ASSEMBLY</b> SAN ANTONIO, TX
<b>FIRST SATURDAY OF EVERY MONTH</b>	<b>SAAIS SPEAKER MEETING – 7 PM</b> CLUB 12 – AL-ANON MEETING ROOM 102 THAMES- SAN ANTONIO

An update on the Assembly, we are having our first assembly chair person meeting on Mar. 10. We have all positions filled and will start working on our project.

**Thank You for the Privilege to Serve,**

**AI M.**

District 12 Representative

**CLUB 12**  
**AL-ANON BOOK STORE**

**HOURS OF OPERATION**

**Monday, Wednesday and Friday**  
**10:30 AM – 2:30 PM**

**Tuesday & Thursday**  
**2 PM -6 PM**

**Saturday**  
**10:30 AM – 12:30 PM**



**DISTRICT 12  
MEETING MINUTES  
SEPTEMBER 17, 2011**

**District 12 Meeting Minutes  
February 4, 2012**

The District 12 Quarterly meeting was held at Community Bible Church, Spring Branch, TX, and February 4, 2012, hosted by Spring Branch AFG. The meeting was opened at 10:02 am by Al M. with a moment of silence, followed by the Serenity Prayer. The Twelve concepts of Service and the General Warranties of the Conference were read by members attending the meeting.

Group Representatives and guests were welcomed. The Roll Call was taken by secretary, Colleen J... A quorum was established.

Colleen J. read the minutes from the last meeting, accepted with the following amendments: The end of year audit was done by Dan M. and Bonnie's last name initial should be AM.

**Treasurer's Report:** Allison distributed the 4<sup>th</sup> Quarter report. Now that the end of year audit had been completed, checks that were being held will now be deposited. The Treasurer's Report is to be filed for audit.

**District Representative Report:** Al M. reminded us all to be courteous during the meetings. Please minimize or eliminate sidebar conversations, limit speaking time, and silence all cell phone alerts. Al attended the AWSC in Nacogdoches, TX. Jan. 19-20, 2011. He came away feeling empowered.

District 12 will be hosting East Texas Area Fall Assembly. This will be held at the San Antonio Airport Hilton, Nov. 9-11. The theme is "Step into Fall with Recovery". Everyone is encouraged to get involved. Most chair positions have been filled. The first Assembly Committee meeting will be sometime in March.

Al M. has already visited several groups in our district. He encouraged groups of two to do the same. We all miss out on sharing experience, strength, and hope when all groups are not actively involved at the District level.

There is a card for Carola T. who was unable to be with us for health reasons.

**COORDINATOR REPORTS**

- **Alateen:** Lynn reported there is currently only one Alateen meeting in our district. She is looking forward to growth. She is willing to meet with anyone interested in starting a new group. TEEAC is struggling for financial aid. They are not supported by Area Assembly. POSSEE doing well on their own. They get support from TEEAC. Nancy M. asked if we could give a one time gift to TEEAC. Will discuss in New Business.
- **Archives:** Mike reported all the material had been transferred to him. He will get with Bonnie as to help with meeting reports
- **Newsletter:** Bonnie requests that reports be into her by March 19<sup>th</sup>. She would like the Newsletter to go out April 1<sup>st</sup>. Please send to [satalanews@gmail.com](mailto:satalanews@gmail.com).  
  
If you are not receiving the AI- Anews, please contact her. She reminded us that AI-Anews is for the District and the Beacon is for the Area.
- **Literature:** Sue reported four cases of How AI-Anon Works have been delivered. \$528.00 has been turned into Mike. From now on all book orders will be delivered at the district meetings. Lynn asked if there were any cookbooks still available. Candy said yes, she had them with her. She suggested we reduce the price.
- **Outreach:** Sandy reported that Time Warner is currently playing the newest AI-Anon PSA. There are several Health Fairs upcoming. More brochures need to be ordered. She is concerned about her budget for the year. Allison agreed it should be increased.

**(District 12 Meeting Minutes Continued)**

- Sandy is going to put together a sample of the literature she displays at the health fairs. Sandy also suggested GR's visit their local library to see if they have any Al-Anon books. She has donated several Al-Anon books to her local library. Lynn inquired about getting Alateen books donated. Sandy, Martha and Sue will brainstorm ideas on getting donated literature materials. Sandy is looking to get someone from the DA's office to speak at our next meeting.
- Travel: Martha asked anyone interested in carpooling to the meeting in Fort Worth to email her as soon as possible at [mojacks2008@yahoo.com](mailto:mojacks2008@yahoo.com). Please indicate the area you live in for grouping purposes.
- SAAIS: Candy read Donna's report, which will be in the Al-Anews. Sandy has the sign-up sheet for the 2012 Monthly Speaker Meeting Host.
- Spanish: Grace was not present at meeting.

### OLD BUSINESS

- Fall Assembly Budget: The account has been set up. There are no expenditures at this time.
- Fall Assembly Committee Chairs: All chair positions have been filled. Everyone is encouraged to volunteer.
- New GR's reminded to update all records.

### NEW BUSINESS

- Host Groups for 2012 Meetings: April 14, Hilltop Seekers; July 14 District Picnic in New Braunfels, Sept. 8, Canyon Lake AFG; Dec.1, Seguin Serenity.
- Any group interested in sending love gifts for the WSO please have by April 1<sup>st</sup>. 30-35 items would be appropriate.

- Marilyn made a motion, seconded by Rich, that we give \$100.00 to TEA AC. There was no discussion. The motion passed unanimously. Allison will write the check today.

### GROUP CONCERNS

- Sandy encouraged groups hosting the monthly speaker meeting to come a month early for a dry run. If the hosting group does not have a chair for the meeting, Sandy can provide one. She would just need some notice.
- Al asked Lynn to serve from D12 on Area Alateen Standing Committee. She accepted. This committee will review current Alateen Procedures and present a report at the Fall Assembly.

### GRATITUDE BASKET COLLECTED –

- \$44.00

### FUTURE DISTRICT 12 MEETINGS

- 14 April 2012
- 14 July 2012-picnic
- 1 December 2012

Respectfully submitted,  
**Colleen J.**  
 District 12 Secretary

**ALATEEN  
 COORDINATOR**

As your new District Alateen Coordinator I am looking forward to growth in Alateen meetings in all of District 12. Currently two certified Alateen sponsors and one certified driver, helper, chaperone are serving one registered Alateen group in District 12. This is the Pass It On Alateen group that meets Thursday at 6:00 pm in Rolling Oaks Christian Church, 7150 Stahl Road, 78247. We need to reach out to the teens in our community. Please until more meetings are available in San Antonio and the surrounding communities use your table cards (handed out at the February district meeting) and announce this meeting in your Al-Anon meetings each week.

(ALATEEN COORDINATORS REPORT CONTINUED  
 NEXT PAGE)

**(ALATEEN COORDINATORS REPORT CONTINUED)**

The Texas East Area 53 Alateen Conference (TEA AC) is June 1-3 in Gonzales. The \$90.00 registration fee includes 2 nights lodging, Friday night cookout, Saturday meals and Sunday brunch for any attendee; Alateen, sponsor or chaperone. Group registration must be postmarked by May 18, 2012.

Contributing to TEXAS EAST AREA 53 ALATEEN CONFERENCE as a group or an individual is always appreciated and helps Alateens from the entire area. TEA AC does not provide individual scholarships so your contribution would go toward program materials and help to keep the registration fees down.

**The next District meeting will be April 14<sup>th</sup> I invite any and all who think they might be interested in serving Alateen to plan to attend the District Sponsor's meeting to be held that same day and place.**

In Alateen Service,  
**Lynn S.**

## **PUBLIC OUTREACH**

I serve as the Public Outreach Coordinator for District 12 and Area 53. Just like you, I am interested in how we can get information out to the people who need it the most. Like you, I am striving for programs and events that can help the most people in shortest amount of time. Below are some of my own suggestions. In addition, if you have ideas and suggestion that will help us to be more effective in carrying the message of recovery, please let us hear from you by returning this email around and "replying to all."

1. Health Fair – If you don't have a contact for the Health Fair, local AA Central Office can help and after some negotiating, We can attend about two Health Fairs every month.
2. Blitz on the Police Department – the committee for District Outreach took pamphlets, business cards with our website and information services and delivered them to police stations.

3. Placing Al-Anon/Alateen Books in every Library. I have a number of books that were passed to me. We are discussing how these books will be paid for. At my local library, I donated *Courage to Change, One Day at a Time, Hope for Today, How Al-Anon Works* and *Living Today in Alateen*. Also, we have sent or given away 7 books to members and/or potential members!
4. At your district meeting, you can invite Child Protect Services in to speak about how Al-Anon and Alateen can help.
5. The recovery programs in your area may be interested in setting a permanent schedule for families, children and friends of AA. You can take the lead – it's your choice!
6. If you don't have an Alateen program in your area and you want more information about the program, email Melissa at [missybeth8@msn.com](mailto:missybeth8@msn.com).
7. Radio and TV: You can call your local radio station (here in San Antonio, we have Cox and others). Ask for the community outreach person and ask if a person from Al-Anon can speak on their regularly scheduled community program. You can also ask the radio station to play the PSA at other times. TV is a little more difficult. PSA's (public service announcements) are free, and they want paid commercials. However, because they are community minded, they will do the \*PSA's-with a little encouragement on our part.
8. Outreach Committee – Ask at your meetings and in other cities or towns. If there is a newsletter, invite participation. If there are events and programs sponsored by Al-Anon, announce that you are looking for committee members to join.
9. Pamphlets, books, etc. – You can order these from your literature coordinator or from the World Service Office. Contact your District Rep about how to do this.

These are just a few of the many way we reach out to people who need the help of Al-Anon and Alateen. Let us hear from you and your ideas

**Sandy S.**

# SAAIS ISR COMMITTEE MINUTES

SAAIS ISR Committee  
February 4, 2011

The SAAIS ISR Committee Meeting was held at Community Bible Church, Spring Branch, TX on February 4, 2012. The meeting was called to order by Chairperson Candy N, this was followed by a moment of silence and the Serenity Prayer. The 12 Concepts of Service and Warranties were read by those present.

Roll call was taken by SAAIS Secretary. There were 11 voting members in attendance; 2/3 majority vote would be 8.

The minutes from the September 17, 2011 AIS ISR Committee Meeting were read from the latest issue of AI-Anews by the AIS Secretary. The minutes were accepted as read.

Michael B distributed the current Treasurer's Report The Treasurer's Report was approved as reviewed and filed for audit.

## COORDINATOR's Reports:

**Literature:** Please see Sue M for 2012 AI-Anon Faces with a note as to how you are using them and she will give you 25 copies. If you need more, they can be purchased for \$.35 each.

**Website:** Carola was not present at the meeting; no report.

**SAAIS Liaison:** Candy reported for Donna; information was shared at the District meeting.

## OLD BUSINESS:

**Speaker Meeting Sign Up:** There is a need for a group to host the 9/1 meeting. Candy will check with District 13 to see if they might be interested in hosting.

**Quarterly Meeting:** District 13 appreciates AIS and our support but would rather come to San Antonio instead of everyone coming to Kerrville.

**Answering Service:** Discussion was held as to whether or not a committee needed to be established to help with managing the 12 Step Calls. Rich felt that at this time the number of those members handling the calls was sufficient. There was a request to find out how we are

billed for service. Rich will follow-up on this and report back on fees and options.

**92** calls received by the Answering Service in January of these:

17 were referred to monitor  
1 was a 12 Step Call

**2011 Serenity Celebration Report:** See Treasurer's report for expense and income detail. The event tickets were sold out. The dessert auction raised \$1158.00.

## NEW BUSINESS:

Mary P will be the Serenity Celebration Chair for 2012.

## GRATITUDE BASKET COLLECTION:

\$45.00

## SAAIS WEBSITE

For the latest information go to:

[www.san-antonio-alanon.org](http://www.san-antonio-alanon.org)

## SAAIS Liaison Report

Monthly speaker meetings continue to be held at Club 12 on the first Saturday of each month at 7pm with an AA and AI-Anon speaker with different District 12 & 13 Groups hosting each meeting. We are now meeting in a larger room to accommodate the increase in participation.

The AIS has been successfully using an answering service for phone duty with AI-Anon members from District 12 and 13 taking 12 step calls from their respective districts. Currently usage and need is being reviewed as it is time to re-new the contract.

The three 2012 SA AIS meetings will be held in conjunction with the District 12 meetings. The SA AIS meetings will follow a potluck lunch and all are invited to eat and attend the meetings.

Plans are being formulated for the 9<sup>th</sup> Serenity Celebration. The SA AIS is working with District 12 and 13 to plan the 2012 Fall Assembly to be held in San Antonio at the Airport Hilton.

Thank you for my service!

Donna D.

## Al-Anon Literature Interests

***Al-Anon Faces Alcoholism 2012*** has arrived. This is a perfect vehicle for a public outreach project for your group to contact professionals in the medical, mental health, judicial, religious and educational fields to inform them what Al-Anon is and how to find us. Groups may request 25 free copies of ***Al-Anon Faces Alcoholism*** copies from the District by submitting a letter to the Literature Coordinator on how the issues are to be used by the group.

Keep in mind that there are downloadable "*An Open Letter*" to Doctors, to Human Services Professionals, to Spiritual Leaders and to Lawyers available from the WSO website which can be included with this publication.

Also available to you from the WSO is a downloadable version of "What Al-Anon Is and Is Not".

Another use for ***Al-Anon Faces Alcoholism 2012, 2011, 2010, 2009*** is to give them away to the **newcomer in your group** along with the Newcomer Packet. It is an excellent source of information for them.

**AND DON'T FORGET TO PUT A STICKY LABEL ON THE BACK OF EACH COPY WITH THE TELEPHONE # OF THE SAAIS, THE WEBSITE ADDRESS AND YOUR GROUP'S LOCATION AND MEETING TIME.**

A soft cover version of **How Al-Anon Works** is now available and very affordable. Sue M has been appointed as the Literature Distribution Coordinator for SAAIS and will be making purchases as requested.

***The Forum*** continues to need members to submit a sharing for future publications. Members may submit a sharing on-line, via e-mail at [wso@al-anon.org](mailto:wso@al-anon.org), fax to (757) 563-1655, or mail to Al-Anon Family Groups, Attn: The Forum, 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617.

For more information on how to submit a sharing to the Forum, the WSO website blogs or future publications such as the upcoming "Intimacy in Alcoholic Relationships" (Working Title) go to the member pages of the WSO website.

## AL-ANEWS

If anyone listed as an officer or coordinator has had a change in their telephone number or email address, please make me aware of that so I can update that template. In turn, if you are a GR or ISR and not receiving the Al-Anews or the Al-Anews Flashes, please email me your email information to [satalanews@gmail.com](mailto:satalanews@gmail.com).

Thank you for this opportunity to be of service,

**Bonnie A-M**

Al-Anews Editor

***Al-Anon Declaration***

***Let It Begin With Me ...***

***When Anyone Anywhere  
Reaches Out For Help,  
Let The Hand of Al-Anon  
And Alateen  
Always Be There...***

***And Let It Begin With Me***

**IMPORTANT DATES**  
**MARK YOUR CALENDAR**

**2012 DISTRICT 12 MEETINGS**

Registration Begins at 9:30 AM  
Meeting Starts Promptly at 10 AM  
Saturday Meetings

Next District Meeting:  
**APRIL 14, 2012**

**CLIP AND SAVE**

**San Antonio Al-Anon  
Information Service**

[SAAIS@yahoo.com](mailto:SAAIS@yahoo.com)  
[www.san-antonio-alanon.org](http://www.san-antonio-alanon.org)

**District 12 Representative**

Al M.  
[Advoal@aol.com](mailto:Advoal@aol.com)

**Beacon Editor**

David Scheel  
[drscheel@yahoo.com](mailto:drscheel@yahoo.com)

**Texas Al-Anon Website**

[www.texas-al-anon.org](http://www.texas-al-anon.org)

**CHECK IT OUT**

**Have** you visited the member pages of the WSO website?

[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

It's been revamped and you can go to the member pages immediately by clicking on the member tab on the top of the page and typing in your group name followed by AFG... WSO is going high tech with podcasts and blog pages, literature to read and download, guidelines to read, study and download, and suggested meeting topics.

**Check** out the new Legacies Workbook the WSO is working with blogs and information on Steps, Traditions and Concepts. There is even a new Podcast specifically directed toward new Group Representatives to help them understand their responsibilities as a trusted servant to the group.

**Have** you checked out Twitter and Facebook? There is information on the following pages about that.

**Have** you visited the Texas Al-Anon website [www.texas-al-anon.org](http://www.texas-al-anon.org) to check out various events across the State?

**Have** you visited other websites in Area 53 which include the Austin AIS at [www.austinalanon.org](http://www.austinalanon.org), Houston AIS at [www.houstonalanon.org](http://www.houstonalanon.org), and Beaumont Area AIS at [www.setxalanon.org](http://www.setxalanon.org).

**You don't have to plug into all those website addresses. Just go to [www.san-antonio-alanon.org](http://www.san-antonio-alanon.org) and use our updated links.**

**We in the San Antonio area are one of five websites in the entire East Texas Area 53 that has an opportunity to reach out to those who are still suffering and searching for help. Please check out your local website today.**

God,  
Grant me the Serenity to Accept the  
Things I Cannot Change  
Courage to Change the Things I Can  
And Wisdom to Know the Difference

**DISTRICT 12 ALERT ON UPDATE OF GR & ISR  
CONTACT LIST**

Our District has an incomplete Contact List. We need each Group Representative to contact our District Secretary. This is each group's link to information for what is going on in the District. The incoming District Secretary will also trying to contact each group. Please have that information ready and available to her.

**SERVICE OPPORTUNITIES**

**Interested in Becoming Alateen Certified Sponsors or Starting An Alateen Group In Your Part of Town:**

Contact Lynn S. at [lynnstarkey@earthlink.net](mailto:lynnstarkey@earthlink.net)

**Interested in Volunteering to Man a Booth for Upcoming Health Fairs:**

Contact Sandy S at [sandyslattery@hotmail.com](mailto:sandyslattery@hotmail.com)

**Interested in Working on the Upcoming 2012 Area Assembly to be Held in San Antonio:**

Contact Al M at [advoal@aol.com](mailto:advoal@aol.com)

**Interested in Your Group Hosting a 2012 Monthly Speaker Meeting:**

Contact Sandy S at [sandyslattery@hotmail.com](mailto:sandyslattery@hotmail.com)

**Interested in Your Group Hosting a District 12 Quarterly Meeting in 2012**

Contact: Al M at [advoal@aol.com](mailto:advoal@aol.com)

**WSO announces - Al-Anon now on Twitter and Facebook**

Report Furnished by Rosie M.  
Outgoing Area 53 Delegate

WSO is pleased to announce that Al-Anon has launched pages on Twitter.com and Facebook.com. These pages begin a new chapter in our presence on the World Wide Web. Encourage everyone to visit these sites, which we will be updated frequently. ***This is general information only, no replies taken.***

**Facebook page states: “*This Facebook page provides information for anyone interested in the effects of alcoholism on the friends and families of problem drinkers. Membership in Al-Anon is neither assumed nor implied for any visitors to this site.*”**

**Legacy Workbook Sharings Needed:** Postings are still being considered for use in the new Legacy Workbook which is in development, as conceptually approved by the 2010 World Service Conference. If interested in posting your sharing on any of the three Legacy blogs found on our Members' Web site ([www.alanon.org/members](http://www.alanon.org/members)) please do so, they need your input. WSO hopes to have the new workbook available at the 2013 Al-Anon International Convention in Vancouver, BC

**Intimacy in Alcoholic Relationships (working title).**

The 2011 World Service Conference gave conceptual approval for “a new piece of literature on intimacy in general, including sexual intimacy, in alcoholic relationships.” The Literature Committee is seeking sharings from Al-Anon/Alateen members for possible use in this piece. Some guidelines to keep in mind: Share personal experience, write in the first person singular, avoid generalities, kindly observe Al-Anon's Traditions when sharing and share feelings and behaviors instead of mechanics and sexual practices or activities.

Please either mail, e-mail at [wso@al-anon.org](mailto:wso@al-anon.org) or fax 757- 563-1655 and put “intimacy” in the subject line.

**DISTRICT 12 CONTRIBUTION**

Make Check Payable to: AFG District 12      Mail to: Colleen Jackson      6192 Circle Oak Drive  
Bulverde, TX 78163

Group Name \_\_\_\_\_ Group # \_\_\_\_\_

Current Mailing Address \_\_\_\_\_  
\_\_\_\_\_  
Telephone # \_\_\_\_\_

Sent By \_\_\_\_\_ Check # \_\_\_\_\_ Amount \_\_\_\_\_

**SAN ANTONIO AL-ANON INFORMATION SERVICE CONTRIBUTION**

Make Check Payable to: SAAIS      Mail to: SAAIS – Attention Treasurer  
PO Box 701436 – San Antonio, TX 78270

Group Name \_\_\_\_\_ District # \_\_\_\_\_ Group # \_\_\_\_\_

Current Mailing Address \_\_\_\_\_  
\_\_\_\_\_  
Telephone # \_\_\_\_\_

Sent By \_\_\_\_\_ Check # \_\_\_\_\_ Amount \_\_\_\_\_

**EAST TEXAS AREA 53 CONTRIBUTION**

Make Check Payable to: ETAAA      Mail to: ETAAA  
PO Box 2626 – Alvin, TX 77512

Group Name \_\_\_\_\_ District # \_\_\_\_\_ Group # \_\_\_\_\_

Current Mailing Address \_\_\_\_\_  
\_\_\_\_\_  
Telephone # \_\_\_\_\_

Sent By \_\_\_\_\_ Check # \_\_\_\_\_ Amount \_\_\_\_\_

**AL-ANON WORLD SERVICE OFFICE CONTRIBUTION**

Make Check Payable to: Al-Anon WSO      Mail to: AFG, Inc.  
1600 Corporate Landing Pkwy  
Virginia Beach, VA 23454-5617

Group Name \_\_\_\_\_ District # \_\_\_\_\_ Group # \_\_\_\_\_

Current Mailing Address \_\_\_\_\_  
\_\_\_\_\_  
Telephone # \_\_\_\_\_

Sent By \_\_\_\_\_ Check # \_\_\_\_\_ Amount \_\_\_\_\_

## Group Contributions 2012

GROUP NAME	Group #	Jan.	Feb.	Mar.	Apr.	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.	TOTAL
Al-Anon Sharing Solutions	62074													\$ -
Big Book Monday	48596													\$ -
Boerne Hope	54752			\$ 25.00										\$ 25.00
Booster Shot	40002													\$ -
Canyon Lake AFG	50913													\$ -
Cathedral Park	66248													\$ -
Estado De Paz	30505691													\$ -
Happy Destiny	65461													\$ -
Hill Country AFG	30509041													\$ -
How Al-Anon Works	30507892		\$116.00											\$ 116.00
Literature for Progress	30507194													\$ -
NE SA Parent's AFG														\$ -
Northloop AFG	500967													\$ -
Northwest San Antonio AFG	30567383		\$ 80.99											\$ 80.99
Monday Nite Gratitude	13575													\$ -
Pass it On AFG	62395													\$ -
Release Al-Anon	48640													\$ -
Saturday Big Book AFG	60482													\$ -
Seguin Al-Anon Group	26539													\$ -
Serenity Al-Anon	13520													\$ -
Serenity Path	500757		\$ 75.00											\$ 75.00
Sharing Solutions	62074													\$ -
Strength Hope - 1000 Oaks	63173		\$ 50.00											\$ 50.00
Sunset	66576			\$ 35.00										\$ 35.00
<b><u>TOTAL</u></b>		\$ -	\$321.99	\$ 60.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 381.99

DISTRICT 12 - 2012 TREASURER REPORT -						
INCOME/TYPE	2012 BUDGET	PERIOD 1st QTR	PERIOD 2nd QTR	PERIOD 3rd QTR	PERIOD 4th QTR	Y/E Totals
Al-Anews Subscriptions	\$50.00					\$0.00
Gratitude Baskets	\$350.00	\$44.00				\$44.00
Group Contributions	\$2,000.00	\$ 381.99				\$381.99
Misc. Income	\$100.00					\$0.00
Workshop	\$800.00					\$0.00
Concept CDs						\$0.00
<b>Total Income</b>	<b>\$3,300.00</b>	<b>\$425.99</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$425.99</b>
<b>EXPENSES</b>						
Al-Anews Expenses	\$50.00	\$31.83				\$31.83
Alateen Coordinator	\$350.00	\$125.00				\$125.00
Alt. DR Expenses	\$25.00					\$0.00
Archives Coordinator	\$25.00					\$0.00
DR Expenses	\$800.00	\$266.72				\$266.72
Literature Coordinator	\$175.00					\$0.00
Love Gifts	\$150.00					\$0.00
Public Outreach Coordinator	\$250.00	\$178.35				\$178.35
Secretary Expenses	\$25.00					\$0.00
Spanish Coordinator	\$25.00					\$0.00
Treasurer Expenses	\$100.00	\$18.30				\$18.30
Meeting Expenses	\$200.00	\$65.18				\$65.18
Delegate Visit Expense	\$100.00					\$0.00
WSO Contribution	\$100.00					\$0.00
Area Contribution	\$100.00					\$0.00
AA in SA	\$100.00					\$0.00
Workshop Expense	\$500.00					\$0.00
AFG Family Picnic	\$225.00					\$0.00
TEAAC Contribution		\$100.00				\$100.00
Concept CDs						\$0.00
<b>Total Expenses</b>	<b>\$3,300.00</b>	<b>\$785.38</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$785.38</b>
<b>Bank Reconciliation Schedule</b>						
Net Change for Period		(\$359.39)	\$0.00	\$0.00	\$0.00	(\$359.39)
Beginning Checking Acct. Balance		\$1,916.69				
Pending Bank/Deposit Error						
Chargeback Items						
Chargeback Fees						
Transfer to Savings (Prudent Reserve)						
Special Fund for Alateen Background Checks						
<b>Checking Acct Balance at End of Period</b>		\$1,557.30				
Plus: Balance In Savings (Prudent Reserve)		\$2,545.21				
<b>Ending Total Cash Balance</b>		\$4,102.51	\$0.00	\$0.00	\$0.00	

## Some Important Do's and Don'ts

### **DO:**

Forgive  
Be Honest With Yourself  
Be Humble  
Take It Easy – Tension Is Harmful  
Play – Find Recreation & Hobbies  
Keep On Trying Whenever You Fail  
Learn The Facts About Alcoholism  
Attend Al-Anon Meetings Often  
Pray

### **DON'T:**

Be Self-Righteous  
Try To Dominate, Nag, Scold & Complain  
Lose Your Temper  
Try To Push Anyone But Yourself  
Keep Bringing Up The Past  
Keep Checking Up On The Alcoholic  
Wallow In Self-Pity  
Make Threats You Don't Intend To Carry Out  
Be Over-Protective  
Be A Doormat

For more “don'ts”, please refer to Page 3 in Al-Anon Pamphlet P-14 'So You Love An Alcoholic'.